

**Age Action**

**IRELAND**

*For All Older People*

# **“Hang Out With Age Action”**

## **Abseil Event – Sat 14<sup>th</sup> May 2011**

**Off the Irish Life Building, Lower Abbey Street, Dublin 1**

**Abseil with Aidan Cooney (TV Presenter Ireland AM, TV3)  
and friends and help us to raise much needed funds**

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**This is a unique experience for participants to enjoy the  
breath-taking view of Dublin City Centre from the top of the Irish Life Building  
before abseiling 150 feet to the ground.**

**It would also make an ideal birthday present for people who  
love adventure or a very unusual Mother or Father’s Day gift.**

### **Win €100 Shopping Voucher!**

**Raise €250 or more and be entered into a draw for a  
€100 Shopping Voucher. The draw will take place  
on the day of the event.**

**Abseilers must raise a minimum of €250 for Age Action along with a  
non-refundable registration fee of €25.**

**There are a limited number of places available. If you would like to participate in  
this very exciting and challenging event, please visit our website: [www.ageaction.ie](http://www.ageaction.ie)  
where you can download a registration form. Our e-mail address is:  
[info@ageaction.ie](mailto:info@ageaction.ie) and our telephone number is: 01 4756989**

**THIS EVENT IS SPONSORED BY IRISH LIFE PLC**

